

Every day at PSC!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>10:00 Drawing/Mixed Media Bridge Club</p> <p>1:00 Digital Photography T'Ai Chi</p> <p>1:15 Stretch & Tone</p>	<p>9:00 Walking at the Bellevue</p> <p>10:00 Bible Study Knit/Crochet Chi Kung Craft Corner Bridge Club</p> <p>12:30 Bingo Drama</p> <p>1:00 Movie</p> <p>2:00 Silver Sneakers</p>	<p>10:00 Wild Card Rev-up Beading & Jewelry Stretch & Tone Sewing</p> <p>11:00 Yoga</p> <p>12:30 Ceramics</p> <p>1:00 Movie Bridge Lessons</p> <p>1:15 Variety Line Dancing</p> <p>2:00 French</p>	<p>9:00 Walking at the Bellevue</p> <p>10:00 T.L.C. Tap Dancing Painting Beginning Spanish</p> <p>11:00 Spanish</p> <p>11:00 Ballroom Dance</p> <p>12:30 Chorus</p> <p>1:00 Silver Sneakers Story Telling & Writing Club</p> <p>2:00 Const. Heritage</p>	<p>10:00 Poetry Rev-Up Ceramics</p> <p>11:00 Yoga</p> <p>12:30 Sing-a-long</p> <p>1:15 Variety Line Dancing</p>

Program Changes and Special Events

	1	2 10:00 Advisory Council 12:45 Booster Club 1:30 Colorectal Cancer Seminar	3	4 10:00 Creative Dance & Improv Workshop 1:30 Jefferson Pharmacy Students
7 10:00 Trivia & Mind Aerobics 10:00 Creative Dance & Improv Workshop	8	9 1:00 Town Meeting	10	11 10:00 Creative Dance & Improv Workshop 12:30 Book Club: "The Notebook" 1:30 Jefferson Pharmacy Students
14 10:00 Trivia & Mind Aerobics 10:00 Creative Dance & Improv Workshop	15 11:00 Chair Massage	16	17 3:00 Special St. Paddy's Day Tea Time	18 10:00 Creative Dance & Improv Workshop 12:30 Book Club: "The Notebook" 1:30 Jefferson Pharmacy Students
21 10:00 Trivia & Mind Aerobics 10:00 Creative Dance & Improv Workshop 1:00 Caregiver Support Group	22 10:00 AC Moore & Old Country Buffet Trip 12:30 Movin' On	23	24	25 10:00 Creative Dance & Improv Workshop 12:30 Book Club: "The Notebook" 1:30 Jefferson Pharmacy Students
28 10:00 Trivia & Mind Aerobics 10:00 Creative Dance & Improv Workshop	29 2:30 PSC's Welcome Spring "Flower Show"	30 11:00 Beginners Crochet Workshop	31	

PSC's Welcome **Spring** Flower Show!



Tuesday, March 29
2:30pm
GreenBean Internet Cafe

Join Cheryl Wilks as she helps us welcome Spring with a fun and educational flower-arranging demonstration with raffles and giveaways, followed by special Tea Time refreshments. Advanced registration required at the Program Window.

Cost: \$2



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